



The intent of this page is to provide members of the public with information and resources on COVID-19 (coronavirus) and to promote awareness, prevention, and preparedness in our community. It is important to note that there are currently no known confirmed or presumptive cases of COVID-19 in the Town of Lincoln. This page will be updated as additional information becomes available.

### ***CDC & RIDOH Online Resources***

The Centers for Disease Control and Prevention (CDC) and the Rhode Island Department of Health (RIDOH) websites offer a wealth of information and resources regarding COVID-19. The Town is working closely with RIDOH to monitor the ongoing situation and its impacts locally.

[Visit the Centers for Disease Control and Prevention \(CDC\) website](#)

[Visit the Rhode Island Department of Health \(RIDOH\) website](#)

### ***CDC & RIDOH Quick Links***

[CDC COVID-19 FAQ](#)

[What You Need to Know About COVID-19 CDC Fact Sheet \(PDF\)](#)

[Stop the Spread of Germs CDC Fact Sheet \(PDF\)](#)

[Share Facts \(Not Fears\) About COVID-19 CDC Fact Sheet \(PDF\)](#)

[CDC Prevent the Spread of COVID-19 if You Are Sick](#)

[What to Do if You Are Sick CDC Fact Sheet \(PDF\)](#)

[Handwashing CDC Poster \(PDF\)](#)

[CDC COVID-19 Situation Summary](#)

[CDC COVID-19 US Cases](#)

[RIDOH COVID-19 RI Cases](#)

### ***RIDOH Press Releases***

The Rhode Island Department of Health (RIDOH) has issued a number of press releases regarding COVID-19 providing helpful information, resources, and updates. Use the link below to access RIDOH's most recent press release, and those issued in the last few weeks.

[RIDOH Press Releases](#)

## ***LPD, LRS and Fire District Preparedness***

The Lincoln Police Department, Lincoln Rescue Service, as well as the local Fire Districts are following guidance from RIDOH and the CDC and have implemented procedures to support COVID-19 transmission prevention efforts.

## ***Municipal Department Preparedness***

The Town has implemented enhanced disinfecting efforts throughout our municipal buildings. Hand sanitizer is available for public use, and disinfecting wipes are available as well. The Town is encouraging members of the public to practice social distancing, and if you are not feeling well, to please stay home. If you are not feeling well and need to contact one of our municipal departments, please do so by phone or email, we are happy to help.

## ***Symptoms***

The CDC has advised that reported illnesses have ranged from mild symptoms to severe illness and even death for confirmed COVID-19 cases, and that the symptoms commonly appear 2-14 days after exposure. The CDC and RIDOH advise that common symptoms include fever, cough, and shortness of breath. RIDOH has advised that people who think they have COVID-19 should call their healthcare provider, and should not go directly to a healthcare facility without first calling a healthcare provider (unless they are experiencing a medical emergency). The CDC and RIDOH have advised that older people and people of any age with severe underlying health conditions, like heart disease, lung disease, and diabetes for example, seem to be at higher risk of developing serious COVID-19 illness. RIDOH reminds the public that there are many respiratory illnesses circulating in Rhode Island, such as the flu and the common cold, and that while members of the public should remain vigilant regarding COVID-19, having respiratory symptoms does not mean that you have COVID-19.

[CDC Guidance on Symptoms](#)

## ***Personal Prevention***

The CDC advises that everyone can help prevent the spread of respiratory diseases like COVID-19, and that everyday preventative actions can help. The CDC recommends frequent handwashing with soap and warm water; coughing and sneezing into your elbow or a tissue; avoid touching mouth, nose, and eyes; disinfect commonly touched surfaces; social distancing and if you are sick, stay at home. RIDOH is encouraging social distancing such as when greeting people, avoiding handshakes and hugs, and avoiding close personal contact in public. RIDOH is encouraging activities that promote a healthy immune system, such as getting plenty of sleep, being physically active, managing stress, drinking plenty of fluids, and eating nutritious foods.

[CDC Prevention & Treatment](#)

## ***Community Prevention***

The CDC has provided guidance on COVID-19 prevention efforts in the community, such as at home and at school, as well as providing guidance for businesses and employers, healthcare settings, and first responders.

[CDC Community Prevention Guidance](#)

## ***Travel Guidance***

The RIDOH, as indicated in their [March 7th, 2020 press release](#), advises, "...if you have traveled anywhere internationally (or anywhere overnight in the U.S.) in the last 14 days, monitor yourself for symptoms of COVID-19... For people who have traveled to China, Iran, Italy, South Korea, or Japan, in addition to monitoring yourself for symptoms, self-quarantine for 14 days. That means do not go to work or school and stay home. On March 5th Governor Gina M. Raimondo issued a directive for State employees to not come to work if they traveled to China, Iran, Italy, South Korea, or Japan in the last 14 days." The CDC has also provided guidance for travelers regarding COVID-19.

[CDC Travel Guidance](#)

[CDC Travel FAQ](#)

## ***RIDOH Hotline***

People with general questions about COVID-19 can call the RIDOH hotline available to the public at (401) 222-8022 (people are being directed to call 211 after hours) or write to [RIDOH.COVID19Questions@health.ri.gov](mailto:RIDOH.COVID19Questions@health.ri.gov).